

Mt. Thinchhenkhan (6010 Mts) - Expedition



Thingchinkhang Peak



Jopuno Peak

These mountains can prove just more than a trekking peak for many mountain climbers. From the summit of these peaks one can enjoy a breath taking view of some of the most beautiful mountains of Sikkim Himalayas.

Mt. Thingchinkhang and Mt. Jopuno

Mt. Thingchinkhang (6010 Mts) and Mt. Jopuno (5603 Mts) are situated in western Sikkim and falls under Kanchenjanga National Park which is window to natural beauties, bio- diversity, sacred lakes and snow capped mountains. One can see this peak from Okhlathang Valley while trekking to Goecha La (pass). These two peaks have been declared by Sikkim Govt. as trekking peaks in 1990. Since then it had caught the eyes of many mountaineers, but it has only been appreciated much then climbed.

Frey's Peak

A beautifully Matthorn looking peak in near Rathong glacier lies in the vicinity of the Kabru sister of peaks, Rathong and Kokthang West Sikkim . This peak is best-approached traversing Frey glacier. The is mostly rocky with snow in its gaps. This peak is named after famous mountaineer George Frey who in an attempt to climb this peak with Tenzing Norgye fell and died. George Frey with confidence did not listen to the advice of Tenzing Norgye to put on his crampons. His Ice axe and crampons are still laying at the base of Frey Peak as him memorial.



Day 01: Arrive Delhi

Upon arrival at Delhi airport met our representative and then transfer to hotel for overnight stay.

Day 02: Delhi

In the morning after breakfast visit Indian Mountaineering foundation. Here we will arrange a meeting for you with the climbing expert. Overnight stay at the hotel.

Day 03: Delhi – Bagdogra – Gangtok

Take morning flight from Delhi to Bagdogra. Meet our representative and drive towards Gangtok. On arrival transfer into hotel. Evening sightseeing and acclimitisation. Dinner and overnight stay at the hotel.

Day 04: Gangtok Sightseeing & preparation for expedition.

Morning visit Tibetology, Do Drul Chorten and Rumtek Monastery. Lunch at Martham Resort. Afternoon visit Cottage Industry and local markets. Overnight at hotel.

Day 05: Gangtok – Yuksam

Today we will drive to Yuksam. The base of our trek. Dinner and overnight stay in guesthouse/tents.

**Day 06: Yuksam (1785 mts/5854 ft) – Tsokha (3000 mts/9840 ft) (14 kms/5-6 hrs)**

The trail from Yuksam starts at the local market and follows main road towards the north. The trail climbs gently out of the valley and hugs the right bank of the Ratong Chu River, which can be heard thundering through the gorge below. The trail crosses over four bridges to climb steeply towards north-west to the small settlement of Bakkhim. Continue for another 3 kms through forest of magnolia and rhododendron to reach Tsokha. On arrival set campsite for dinner and overnight stay.

Day 07: Tsokha – Dzongri (4030 mts/13218 ft) (10 kms/5-6 hrs)

On this day the trail passes through the village of Tsokha and continues to climb north through the forest of rhododendron to the alp of Phedang (3650 m) taking around 3 hrs to complete the ascent. Continue further towards Dzongri. On arrival set campsite for dinner and overnight stay.

Day 08: Rest day & Acclimatise at Dzongri

The day is for rest and acclimatization. On this day one can savor views of the mountain peaks by climbing up to Dzongri Top. From here you get a panoramic view of Kabru (7353 m), Ratong (6678 m), Kanchenjanga (8534 m), Koptang (6147 m), Pandim (6691 m) and Narsingh (5825 m). Towards the west, the Singalila Ridge, which separates Sikkim from Nepal, can be seen. Dinner and overnight stay in tents.

Day 09: Trek from Dzongri to Thangsing. (3841 mts/5 hrs)

After breakfast begin trek to Thangsing. A descent of 7 kms ends in Thangsing situated at the base of the Jopine peak at 3930m. Beautiful natural scenery can be seen all around. Overnight in tents.

**Day 10: Thangsing (3841m) - Base Camp (approx. 4310m) 3 hrs.**

In the morning we will approach to our base camp for Mt. Thinchhenkhan (6010 Mts) Expedition. On arrival set out camp for overnight stay.

Day 11: Base camp

The day is for exploration and acclimatisation at base camp. Overnight stay.

Day 12: Base Camp (4310m) - Camp I - Base Camp (4310m) 5 hrs.

Today we will approach Camp 1 and then back to base camp. Overnight stay.

Day 13: Base Camp (4310m) - Camp I: 4 - 5 hrs

In the morning after breakfast trek to Camp I. overnight stay.

Day 14: Extra Day

The day is for acclimatisation and exploration. Overnight stay.

Day 15: Camp I –Summit-Mt. Thinchingkhang (6010m) - Camp I: 7-8 hrs

Early in the morning summit to Mt. Thingchinkhang (6010m) and later back to Camp I. overnight stay.

Day 16: Extra Day for summit
Overnight stay at Camp I.

Day 17: Camp I (approx. 5510m) - Base Camp (4310 m/4-5 hrs).

Day 18 – Day 25 Base Camp
We will approach to Frey (5830 mts) and Jopuno Peak (5665 mts). Overnight stay.

Day 26: Base Camp – Goecha La – Thangsing (5-6 hrs).
In the morning we will trek back to Thangsing via Goecha La. Overnight stay.



Day 27: Thangsing (3800m) - Tsokha (3050m) 7 hrs.
Morning after breakfast trek to reach Tsokha. It will take near about 5 - 6 hrs. The trek winds its way down up to Phedang, the start of the Rhododendron trail. Overnight stay in trekkers hut / tents.

Day 28: Tsokha (3050m) - Yuksam (1780m) 6 hrs
Today you descend to the Prek Chu following the route you took up on the first day, and then gradually downwards to reach the village of Yuksam our starting point.



Day 29: Yuksam – Darjeeling
Morning after breakfast drive to Darjeeling. On arrival check in to hotel. Overnight at Hotel.

Day 30: Darjeeling - Tiger Hill (Full day sightseeing)
Early morning drive to **Tiger Hill** to for a singular experience of the first rays of the sun bathing the Himalayas. On the return visit the **Ghoom Monastery**. Built in 1875 the monastery which follows the Gelugpa sect, houses one of the largest statue of the Maitreya Buddha-“the future Buddha”.

After breakfast drive to Darjeeling Railway Station (10 mins) and take the joyride on the famous heritage toy train till Ghoom. On arrival at Ghoom Railway station transfer to your vehicle and visit **The Himalayan Zoo** which houses the Himalayan fauna like the Red Panda, black bear, yaks, tigers, snow leopard etc. in their natural habitat, and the adjacent **Himalayan Mountaineering Institute** - a premier training centre for mountaineers and a museum detailing the ascent of the Mt. Everest by Tenzing Sherpa & Sir Edmund Hillary and numerous other expeditions. Also visit **Tibetan Self Help Centre**, a centre of training young people in the intricate art of Tibetan handicrafts and handlooms. The sales emporium is open to visitors to pick up souvenirs. Overnight Hotel.



Day 31: Darjeeling – Bagdogra - Delhi (123 kms / 6-7 hrs)

In the morning after breakfast drive to Bagdogra and from here take a flight for New Delhi. On arrival at Delhi transfer to hotel. Overnight stay.

Day 32: Delhi Departure

Transfer to international to catch onwards flight accordingly to your flight.

Trip and Services Ends Here

Cost of the Trip

USD 5200 per person* (for a group of 4 people)

* 4.9 % service tax extra

COST INCLUDES

- **Accommodation: Hotel in Delhi, Gangtok, Yuksom and Darjeeling on bed and breakfast basis.** While on trek and expedition we will provide you **Dome/Alpine/High Altitude tents** on twin/Single sharing basis. Camping mattresses, kitchen tent, dining tent, camping stool, camping table etc would be provided.
- **Transport: Toyota Qualis/Tata Sumo** for the entire trip.
- **Meals:** In Delhi, Gangtok, Yuksom and Darjeeling only breakfast will serve. While on trek and expedition all meals will be provided. Meals will be freshly prepared and will be a mix of Indian, Chinese & Continental.
- **High Altitude meal: We will use tin packed food in high altitude**
- **Yaks/Porters/High Altitude Porters:** For carrying camping equipment, rations, vegetables and some amount of personal gear of the clients (one bag not weighing more than 15 kgs).
- **Professional trekking and climbing guide** and **kitchen staff** would accompany the group
- **Entry fee and permit etc**

COST DOES NOT INCLUDE

- Air Ticket
- Any charges for carrying still/video cameras etc.
- Alcohol, soft drinks, bottled water, beverages, etc.
- Personal expenses like tips, telephone calls, laundry, etc.
- Any meals/services not mentioned above
- Any costs arising out of unforeseen circumstances like landslides, road blocks, bad weather, etc.
- Travel insurance